

CCNM is proud of the wellbeing support offered to the school community

CCNM has maintained pastoral support (22 hours/week)

- 2 pastoral mentors -
- Mental health first aid trained.
 - Offer support to staff as well as children

Pastoral support at CCNM

What our children say:

Out of 105 KS2 survey responses:

91% report that they know where they should go if they need help if worried or upset.

22% of children have used the worry button for themselves

18% of children have reported a worry about someone else.

On rating the size of the problem:

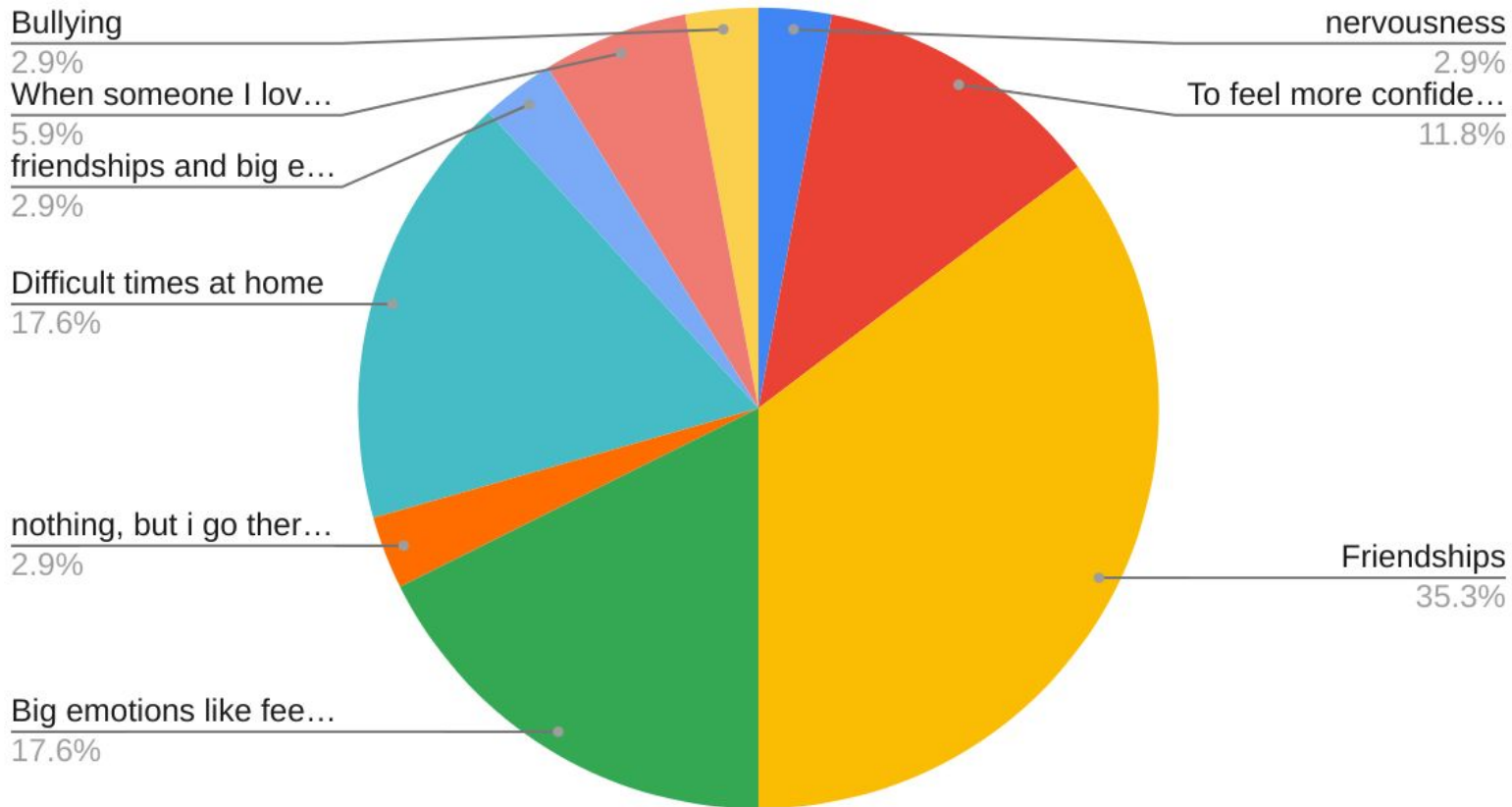
15 children scored as 10 before starting pastoral support. By the end of support, 11 scores dropped to below a score of 7 or below, with 3 moving to a score of 1 or 2.

Support offered:

- Lunchclub for vulnerable
- KS2 Drop-in
- After school for staff
- For parents
- Bereavement support
- Family issues including family break-up
- Dealing with big emotions
- Transition groups (Y6 / Y2)
- Resilience
- Friendship issues
- Self-esteem / confidence
- Specialist therapy - drawing and talking.
- Staff training
- Zones of Regulation
- Lockdown support and check-ins

Referrals to our Mental Health Support Team and CAHMS

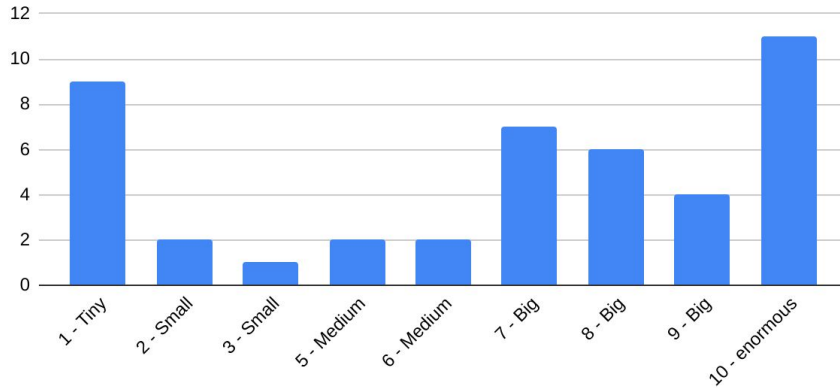
KS2 responses: Why did you get help from Mrs Stevens?



Effectiveness of support - KS2 responses

KS2 Children rated the 'size of the problem' before getting help and how big it felt afterward. These graphs clearly demonstrate that the support they receive is making a significant impact.

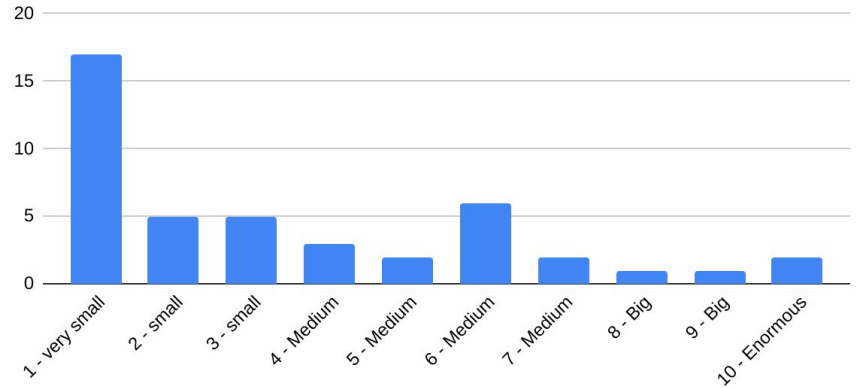
Count of BEFORE you started getting help from Mrs Stevens, how big did the problem feel?



Count of BEFORE you started getting help from Mrs Stevens, how big did the problem feel?

BEFORE

Count of After you finished working with Mrs Stevens how small did the problem get?



Count of After you finished working with Mrs Stevens how small did the problem get?

AFTER

KS2 Lunchclub testimonials

its a good place because you can let out your feelings

Because there is someone to listen

It feels like a snug and outdoorsy place at the same time. I love looking at the displays on feelings and stuff, and I love all the activiteis on for offer.

Mrs Stevens helps us a lot and fixes problems.

for reflective time and away from the person disturbing you

it is a good place because the teachers can help you

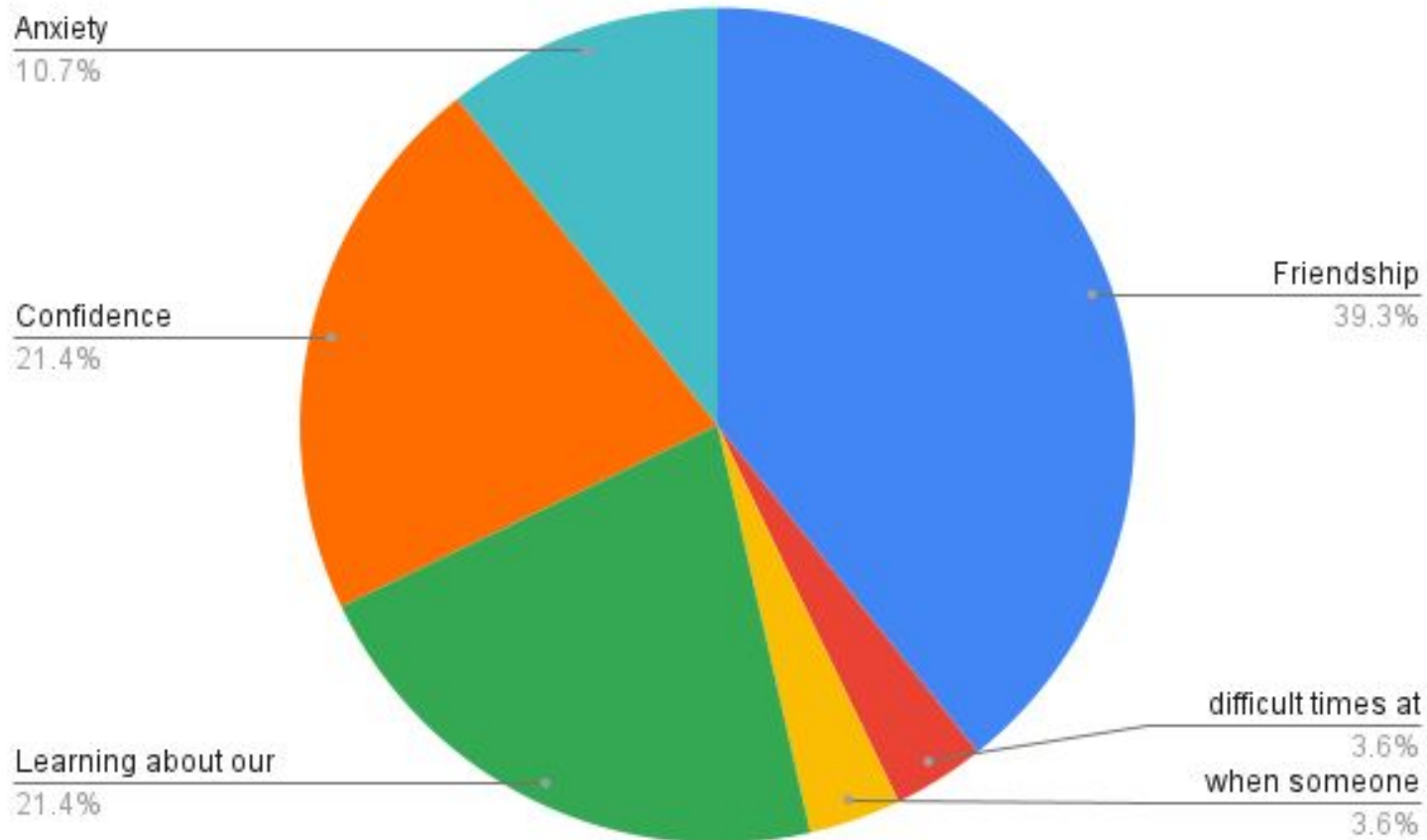
mrs stevens helps me deal with stuff

because mrs stevens is a very nice teacher and listens to my problems

It is a place where you can go to calm down and Mrs. Stevens or other people can keep you company.

There are games to distract me from why I'm upset and I can talk to Mrs Stevens and calm down.

KS1 - Reasons for pastoral support



KS1 Lunchclub testimonials

I like the way I make things there.

I like where I am doing stuff like painting.

I made a heart man for Valentines.

I liked making Easter trees

It's fun!

Mrs McLoughlin is nice.

Mrs McLoughlin likes painting with us.