

Christ Church New Malden SRE coverage

		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	Friends and family	<p>Know the importance of valuing themselves</p> <p>Understand what friendship is. Be aware that their feelings and actions have an impact on others.</p> <p>Know that there are different types of families and that families are special.</p>	<p>Develop respect for elderly people and other generations.</p> <p>Understand that everyone needs caring for, and the importance of families.</p> <p>Identify and respect differences and similarities in people.</p>	<p>Identify who they can go to for help and support.</p> <p>Identify different sorts of families and families are different and may have different members. Families are special whatever their make up.</p>	<p>Develop a positive attitude towards body image. (link healthy lifestyle).</p> <p>Resisting per pressure and developing assertiveness.</p>	<p>Consider the need for love and trust in a range of relationships.</p> <p>Understand how different behaviours/ qualities impact on friendships / relationships.</p>	<p>Understand the pressure to conform to gender stereotypes comes from the media and their peers.</p> <p>Deepen understanding of good / not so good feelings.</p> <p>Recognise the difference between healthy / unhealthy friendships and relationships and their right to physical boundaries.</p>
Spring	Making choices	<p>Recognise that they have choices they can make.</p> <p>Develop strategies to stay safe.</p> <p>Understand basic hygiene principles.</p>	<p>Understand the difference between a good secret and a bad secret. (saying yes, no, I'll tell)</p> <p>Tpes of touch - develop skills to deal with unwanted physical contact. (unwanted hand holding / hugs).</p>	<p>Consider touch and how to know that people have a right to say wha tthey like and don't like.</p> <p>Types of love - for family / pets / places / possessions - keeping them safe.</p>	<p>Understand risk taking / hazards.</p> <p>Safety in different environments</p> <p>Independence</p> <p>NB - all relating to Y4 residential trip skills.</p>	<p>To identify and respect difference and similarities in people - including disability, race, gender, culture, sexuality.</p>	<p>Understand how to keep safe using the internet and other technology.</p> <p>Drugs / alcohol / tobacco</p> <p>Recognise their increasing independence brings increased responsibility to keep themselves and others safe</p>
Summer	Changes	<p>Introduce the concept of growing and changing.</p> <p>Male and female.</p> <p>Understand that babies have particular needs.</p>	<p>Growing and changing - how have I grown and changed - reflect that our bodies and skills develop at different rates.</p> <p>Name body parts including sexual parts.</p> <p>Understand that it is always the female that gives birth.</p>	<p>Revisit naming of body parts including sexual body parts and the differences between male / female.</p> <p>Understand needs of a new baby.</p>	<p>Reproduction and life cycles.</p> <p>Begin to learn about the physical changes that happen during puberty.</p> <p>The importance of keeping clean in relation to puberty.</p>	<p>Understand how girls and boys bodies change in puberty.</p> <p>Menstruation - basic knowledge.</p> <p>Basic knowledge delivered to both genders.</p> <p>Dealing with physical / emotional changes of puberty</p>	<p>Develop understanding of puberty.</p> <p>Understand how a baby is conceived.</p> <p>Consider why some people get married or stable relationships and how this is important for family life. (include FGM , if appropriate, to teach that their body is their own and that in the UK it's a crime)</p>