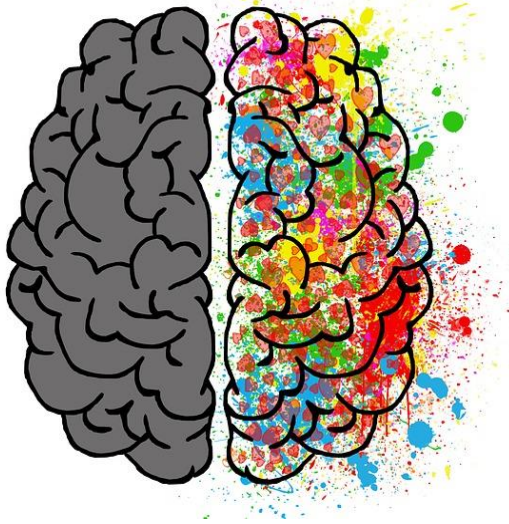


Developing a growth mindset

in your child or young person



Many schools are now using the 'growth' or 'fixed' mindset terminology as a tool for describing the way a child or young person thinks and behaves. The fixed mindset person is competitive with others and sees their value and success in terms of hierarchy, feels jealous or resentful at the success of others and won't persevere at things they find too difficult. The growth mindset person competes against themselves and their own past performance and uses the success of

others as a learning resource. They take on new things with enthusiasm and see failure as a stepping stone to mastery. The important thing here is that these are learnt behaviours and thinking styles, not inborn ones so with the right support and direction any child can develop a growth mindset and make their life all about the many small successes of every day rather than the occasional shameful failures. This workshop is all about the things a parent can do, say and demonstrate that will help their child or young person develop a more exciting outlook on themselves and their world.

Date: Thursday 30th January

Time: 7.30 – 9.30pm

Venue: Barnes Primary School, Cross Street, London SW13 0QQ

Booking is required – open to all parents

Places cost £17.50 each. For booking or further information [click here](http://www.gillhines.co.uk) or go to www.gillhines.co.uk

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