






































## CORONAVIRUS: QUICK REFERENCE GUIDE FOR PARENTS

What to do I do if...		Action	Your child can return to school when....	
<p><b>My child is not well, with symptoms NOT LINKED to coronavirus, e.g.</b></p> <ul style="list-style-type: none"> <li>▪ blocked or runny nose</li> <li>▪ sore throat</li> <li>▪ stomach ache</li> <li>▪ vomiting or diarrhoea</li> </ul>		<p>Follow the usual school absence policy.</p> <p>Contact the school on each day of your child's absence </p>	<p>They are well enough.</p> <p>In cases of gastro illness wait 48 hours after the last bout of sickness or diarrhoea.</p>	
<p><b>My child has one or more Covid-19 symptoms</b></p> <ul style="list-style-type: none"> <li>▪ <b>High temperature</b> – above 37.8C / feels hot to touch on their chest or back</li> <li>▪ <b>New continuous cough</b> – coughing for a lot more than an hour / 3 or more bouts of coughing episodes in 24 hours</li> <li>▪ <b>A loss or change to your sense of smell or taste</b></li> </ul>		<p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ <a href="#">Self-isolate the rest of the household for 14 days</a></li> <li>▪ Get a test if you can</li> <li>▪ <b>Inform the school immediately about the result</b> </li> </ul>	<p>Test comes back negative and your child is feeling well. Send a copy of test result to school.</p> <p><b>OR</b></p> <p>A period of 10 days has passed since your child's symptom(s) started and they no longer have a temperature (Your child may return with a cough and/or loss of smell / taste as these symptoms can last for some weeks)</p>	
<p><b>My child tests negative for Covid-19</b></p> <div style="text-align: center;"></div>		<p><b>Contact school and send a copy of the result notification to:</b> </p> <p style="text-align: center;"><a href="mailto:office@ccnm.rbksch.org">office@ccnm.rbksch.org</a> </p> <p>Agree a return date with school</p>	<p>The result is received and a copy sent to school.</p>	

<p><b>My child tests positive for Covid-19</b></p> 		<p><b>DO NOT COME TO SCHOOL</b></p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ <b>Self-isolate the rest of the household for 14 days</b></li> <li>▪ Agree a return date with school (a minimum of 10 days from when test taken)</li> <li>▪ <a href="#">Follow guidance for households with confirmed coronavirus infection</a></li> <li>▪ <a href="#">Log into Test &amp; Trace website and provide information about recent close contacts</a></li> </ul>	<p>10 days after the test was taken <b>and</b> your child no longer has a temperature (Your child may return with a cough and/or loss of smell / taste as these symptoms can last for some weeks)</p>	
<p><b>My child's Covid-19 test result is returned as unclear</b></p> 		<p><b>DO NOT COME TO SCHOOL if they had a test because they had symptoms.</b></p> <p><a href="#">They should maintain self-isolation and get another test within five days of symptoms starting.</a></p>	<p>If your child had a test but did not have symptoms, they do not need to self-isolate while you wait to get another test.</p> <p>If they had symptoms, they can return to school once they have had a negative test result, or, a period of 10 days has passed since your child's symptom(s) started and they no longer have a temperature.</p>	
<p><b>Someone in my household (including support bubble) has Covid-19 symptoms</b></p> 		<p><b>DO NOT COME TO SCHOOL</b></p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ <b>Self-isolate the whole of the household for 14 days from when the symptoms started</b></li> <li>▪ Try to get any family members with symptoms tested</li> <li>▪ <b>Inform the school as soon as you have the test results</b></li> </ul> <p>Agree a return date with school</p>	<p>If you are unable to get the family member tested, your child can return to school after they have completed 14 days isolation and they have not developed any symptoms themselves during that time</p> <p>If the family member with symptoms is tested, <b>and has a negative result</b>, your child can return to school – providing nobody else in the household has developed symptoms.</p>	
<p><b>Someone in my household (including support bubble) tests POSITIVE for Covid-19</b></p> 		<p><b>DO NOT COME TO SCHOOL</b></p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ <b>Self-isolate the whole of the household for 14 days from when the symptoms started</b></li> <li>▪ Agree a return date with school</li> <li>▪ <a href="#">Follow guidance for households with confirmed coronavirus infection</a></li> <li>▪ <a href="#">Log into Test &amp; Trace website and provide information about recent close contacts</a></li> </ul>	<p>Your child can return to school once the 14-day isolation period is completed, and they have not developed any symptoms during that time.</p>	

<p><b>NHS Test &amp; Trace informs me that my child has been in close contact with a confirmed case of Covid-19</b></p> 		<p><b>DO NOT COME TO SCHOOL</b></p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ Agree a return date with school</li> <li>▪ <a href="#">Follow Test &amp; Trace guidance fully</a></li> </ul> 	<p>Your child can return to school once they have completed the recommended isolation period – usually 14 days after their last contact with the confirmed case</p>	
<p><b>NHS Test &amp; Trace has identified a household member (not my child) as a close contact of somebody with Covid-19</b></p>		<ul style="list-style-type: none"> <li>▪ The person identified should isolate for 14 days. Other people in the household do not need to self-isolate</li> </ul>	<p>Your child does not need to miss school and should attend as normal.</p>	
<p><b>One of my children has been sent home due to a positive test result for Covid-19 within their school bubble</b></p>		<p><b>The child in the closed bubble should not go to school.</b> You should support that child at home with remote education provided by the school. <b>Other siblings not in the closed bubble may continue to attend school.</b></p>	<p>School informs you that the bubble will reopen (usually after 14 days)</p>	
<p><b>We / my child has travelled and has to self-isolate as a period of quarantine.</b></p> 		<p>Do not take unauthorised leave in term time. Consider quarantine requirements and <a href="#">FCO advice when booking travel</a> and returning from a destination where quarantine is needed.</p> <p><b>Contact school as soon as you know that a country you are in, or will be travelling to, requires a quarantine period on return to the UK.</b></p>	<p>The quarantine period of 14 days has been completed for the whole household.</p>	
<p><b>We have received medical advice that my child must resume shielding.</b></p> 		<p><b>DO NOT COME TO SCHOOL</b></p> <ul style="list-style-type: none"> <li>▪ Contact the school to inform us</li> <li>▪ Shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul> 	<p>You receive medical advice that your child may return to school. Contact school to agree a return date.</p>	